

Policy Atlas: Canadian policy interventions supporting healthy eating in schools

1) Healthy Food for Children in Schools

Healthy food for children in schools

Improving school eating environments, food literacy and community connections



Federal policies

- Canada's Food Guide {under consultation}
- FPT Framework on Healthy Weights Curbing Childhood Obesity
- Canada Prenatal Nutrition Program (PHAC)
- FPT Group on Nutrition Working Group on Improving Consistency of School Food and Beverage Criteria
- Canadian Partnership Against Cancer (CPAC)

Provincial policies

1. Nutrition guidelines and legislation

- M** Mandatory provincial guidelines
 - Md** Mandatory district-level guidelines
 - R** Recommended provincial guidelines
 - N/A** Guidelines absent or under progress
 - C** Champion for guidelines in school & childcare
 - ⚖️** Legislation on healthy eating for children
- * Junk food ban

2. Provincial investment in school meal programs

In \$/ student/ schoold day (Data from CSPI and updates)

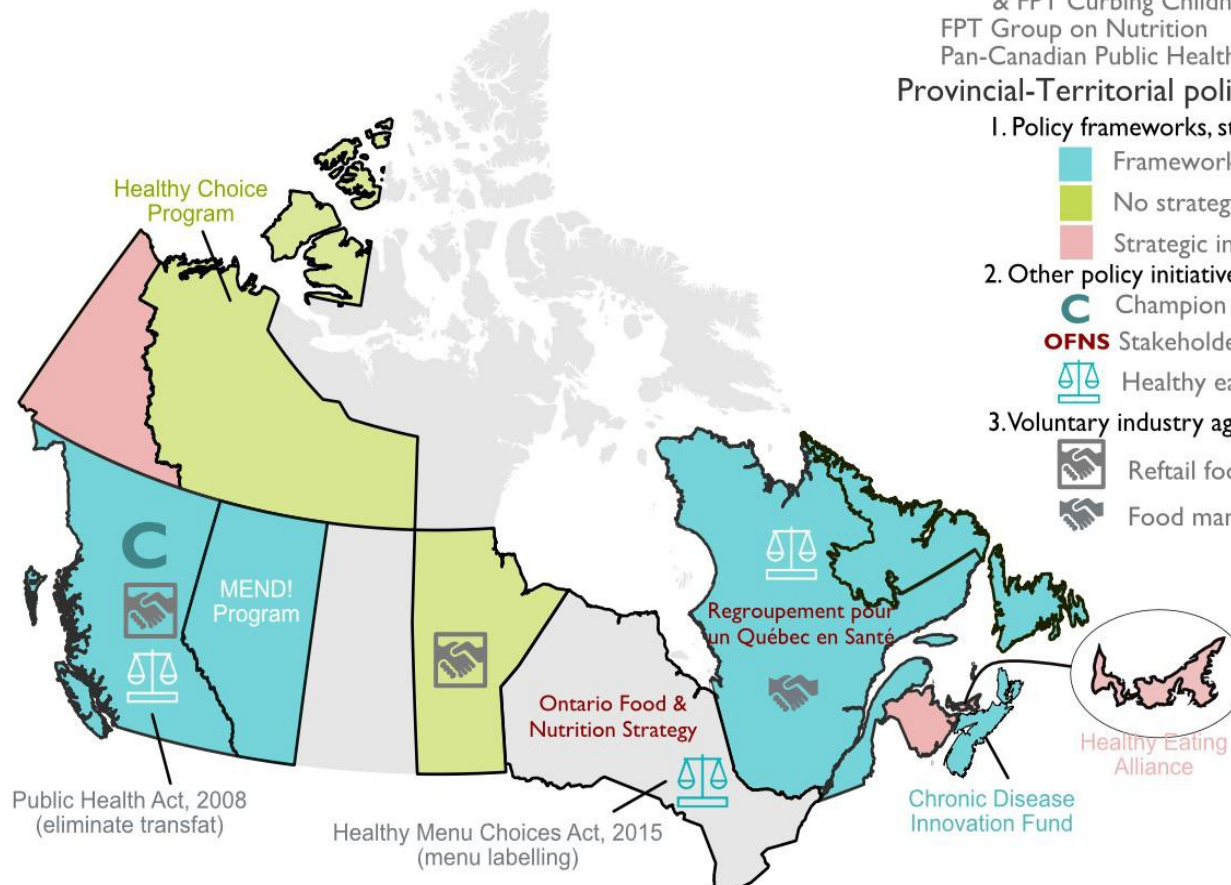
- Recent data unavailable, or no public investment
- Range from \$0.01 to \$0.04
- Range from \$0.08 to \$0.10
- Range from \$0.11 to \$0.16

3. Local food in school settings

- 🌾** Provincial farm-to-school program
- ★** Nourishing School Communities Pilots (CPAC)

2) Health Promotion and Healthy Eating

Health promotion and healthy eating *Improving eating environments, food literacy and nutritional quality*



Federal policies

- Healthy Eating Strategy (2016)
- Canada's Food Guide {under consultation}
- Innovation Strategy 2014-2017 (PHAC)
- FPT Salt Reduction Strategy (2012)
- FPT Declaration on Prevention and Promotion (2010) & FPT Curbing Childhood Obesity Framework for Action
- FPT Group on Nutrition
- Pan-Canadian Public Health Network

Provincial-Territorial policies

1. Policy frameworks, strategies & programs/ funds

- Framework with existing programs
- No strategy, but program available
- Strategic initiatives, but program funding ended

2. Other policy initiatives

- Champion for 'healthy communities initiatives'
- Stakeholder-led policy initiatives
- Healthy eating in legislation

3. Voluntary industry agreements and programs

- Retail food services (Informed Dining)
- Food manufacturing companies (Melior)