



WAVES OF CHANGE
SUSTAINABLE FOOD FOR ALL
FOOD SECURE CANADA'S 8TH NATIONAL ASSEMBLY

November 13 - 16, 2014, Marriott Harbourfront Hotel
Halifax, Nova Scotia



FSC

Food Secure Canada
Healthy - Just - Sustainable



More program details at: foodsecurecanada.org

Credits:
Meal : FoodShare. Ocean : Marilyn McClelland. Young farmers : Steph Wetherell / KooteanyFood.com



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To learn more, visit www.thecommunityfirst.org

Photo by Abra Brynn



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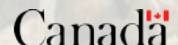


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WELCOME TO OUR 8TH ASSEMBLY!

Waves of Change: Sustainable Food for All, promises to be the most exciting National Assembly we have ever had. It is the first Assembly to be held in Atlantic Canada and we are immensely grateful to our partners at Food Action Research Centre (FoodARC), the Nova Scotia Food Security Network, and the Atlantic Canadian Organic Regional Network (ACORN) and especially to Dr. Patricia Williams, Satya Ramen, Marla MacLeod and Lucia Stephen. Without these hardworking collaborators, we could never have organized this event. We are also grateful to the team at Agenda Managers for their logistical support and professional advice.

Our mission at Food Secure Canada is to eliminate hunger, ensure access to healthy and safe food and to foster sustainable food systems for all. We work to network organizations who share our values from across the country, to act as an information hub for the food movement, and to advocate for policies which will bring about a more healthy, just and sustainable food system, as outlined in **Resetting the Table: A People's Food Policy for Canada**. We aim to take all the wonderful work going on at the community level to build new food realities and bring that energy and those solutions to the national level. We aim for deep and lasting policy change and our Assemblies are the one venue where as many of us as possible gather in person to make joint plans for strategic initiatives in the coming year.

This year, we are welcoming many new participants - policy makers, private sector actors, a greater number of farmers thanks to ACORN's Conference, and a significant number of people and organizations who have not previously been involved. Our movement is growing – our membership, our networks, our influence, our policy depth, our capacity to reach new audiences. We have many opportunities ahead and the Canadian public has a great appetite for changing our food system. It is incumbent upon us to use this time together wisely and that is why we have built in plenty of open space, where planning actions for the years ahead can be catalyzed. The 2015 federal election provides us with a unique window to put food policy on the national agenda.

On behalf of our Board, staff and membership, we would also like to thank our many partners and sponsors whose logos appear on the back page of this publication. Without their generous contributions, our event would not be possible. It is indeed a wise investment, for the impact of the Assembly will be felt for years to come.



Eric Chaurette
Chair of the Board of Directors, Food Secure Canada,



Diana Bronson
Executive Director, Food Secure Canada



A WARM WELCOME FROM THE FOOD ACTION RESEARCH CENTRE

On behalf of the Food Action Research Centre (FoodARC) and our local organizing partners – the Nova Scotia Food Security Network, the Ecology Action Centre, Atlantic Canada Organic Regional Network (ACORN), and all our dedicated volunteers – I would like to extend a very warm welcome to Nova Scotia and the 8th biennial Food Secure Canada Assembly.

We are thrilled to have been able to bring the Assembly to Nova Scotia, the first time in Atlantic Canada, especially as we know and value the importance of meeting in person and the creativity and opportunities this generates for mutual learning, dialogue, creative thinking and collaborative action. We are particularly excited about this Assembly's special focus on sustainable fisheries, food justice, and student engagement as part of the conversations needed to create effective, long-lasting change.

This is an exciting time within the food movement here in Nova Scotia and across Canada. The vibrancy and diversity of dialogue, action, and advocacy are building tremendous momentum as we harness these **waves of change** to ensure sustainable food for all.

In addition to our dynamic program, we also wanted to highlight a few exciting Nova Scotian food initiatives through the Thursday afternoon tours. You'll also have the chance to catch up with old friends and make new ones while enjoying good food, good friends, and good music during the Taste and Sounds of Nova Scotia event on Saturday evening.

Thanks to all of the partners, stakeholders, presenters and Assembly participants in making this an amazing event that will amplify our efforts to create **waves of change** together!



Patty Williams
Director, FoodARC





Premier's Message

On behalf of Nova Scotians, it's my pleasure to welcome you to our province for the 8th Food Secure Canada Assembly.

Food security provides people with the nutrition, food and resources they need to be healthy. As one of the many interdependent social conditions that influence how healthy we are able to be, food security has a profound impact on our health, our communities' health, and our economic prosperity.

Nova Scotia is becoming recognized as a leader in food security. Government has committed to building food security by supporting the Nova Scotia Food Security Network, the Healthy Eating Nova Scotia strategy, FoodARC, and most recently, the named actions in our Thrive! strategy. I am certain that conference attendees will greatly benefit from the research, success stories, and ideas you discuss here as we all continue to work towards solutions to the complex issues of food security.

I want to thank you all for your work in this important field, and for giving us the honour of hosting your conference in Nova Scotia this year. I hope you enjoy your stay and I welcome you to come visit us again.

Sincerely,

A handwritten signature in black ink that reads "Stephen McNeil". The signature is written in a cursive, flowing style.

Honourable Stephen McNeil, M.L.A.
Premier





Greetings

from the Mayor



As the Mayor of Halifax Regional Municipality and on behalf of Regional Council, I am delighted to extend warm greetings and a special welcome to everyone attending the 8th Biennial Food Secure Canada Assembly, *Waves of Change: Sustainable Food for All* on November 13-16th.

Given alarming trends of obesity, chronic disease, poverty, and dwindling resources, food security and sustainability are important priorities for all levels of government. From policy to practice with urban gardens and community orchards, we want Halifax to lead the way on local food production and encourage healthy and liveable communities in our own backyard.

I want to acknowledge, with gratitude, Food Secure Canada, FoodARC at Mount Saint Vincent University, and the Nova Scotia Food Security Network, as well as all the volunteers for their hard work in planning and organizing this event and a special thank you to all sponsors for their continued support.

Welcome to Halifax!

Kindest regards,

Mike Savage
Mayor

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TOURS

For all tours please meet at the FSC Assembly registration desk 30 minutes prior to the tour start time. If you have any questions regarding the Tours please visit the FSC Assembly registration desk.

Low-impact Fishing & Fish Preparation Boat Tour With Seaside Local Seafood Lunch

Time: 9:00am – 3:30pm **Cost:** \$70.00

This tour is truly a unique experience, during which you'll spend the morning learning low impact fishing techniques from a local Nova Scotian fisherman. You will have the opportunity to catch a wide variety of fish – anything from cod to pollock using genuinely sustainable fishing methods. After a morning of fishing, there will be a demonstration of how to cut and dress a few different species, depending on what is caught. Your lunch will feature local sustainable seafood, provided by Off the Hook (Atlantic Canada's first community supported fishery), which you'll enjoy at East Coast Outfitters, a community-based eco-tourism operation located just outside of Halifax. Over lunch, you'll learn about sustainable seafood operations in Nova Scotia.

Common Roots Urban Farm Tour

Time: 1:00pm – 3:30pm **Cost:** \$10.00

Join the dedicated farm manager at Common Roots Urban Farm (CRUF), Jayme Melrose, to explore this hybrid garden, located in the Heart of Halifax. As a relatively new pilot project, CRUF has inspired a community-built vision of urban agriculture and productive landscapes. More than just a community garden, the farm includes a market garden, edible landscaping, community plots, and places to sit and relax. On this tour, you'll not only learn about gardening, farming, and growing, but also about the tools and skills needed to build an amazing community resource in your own neighbourhood. The farm is just a short walk from the Assembly venue.

Hope Blooms & Carrot Co-op Tours

Time: 1:00 – 3:00 pm **Cost:** \$12.00

This tour will incorporate visits to two local food program sites. Hope Blooms was founded in 2008 by a community dietician dedicated to improving local food security. Hope Blooms gives underprivileged youth the opportunity to learn how to grow food, to produce and successfully market value-added products, and to build a small social enterprise from the ground up. Enjoy a tour of the Hope Blooms grounds, accompanied by Jessie and her youth farmers, and learn all about how this garden has created waves of change in its surrounding community. The Carrot Co-op is a soon-to-open community-owned grocery store in Halifax's north end. North end residents currently must travel more than two kilometres to get basic groceries. Community members have pursued a variety of financial avenues with the hope of securing funds to establish this Co-op. Since The Carrot Co-op won the Aviva Community Fund contest, the vision of a community-owned grocer has become a reality. Visit the Carrot Co-op store and learn all about the process, benefits, and true meaning of building a community-owned grocery store.

Mi'kmaq Culture and Heritage

Time: 1:00 pm – 3:30pm **Cost:** \$30.00

The tour will be held at the Mi'kmaq Friendship Centre. A representative from the centre will host a cultural sharing circle. The sharing circle format is traditional used by Mi'kmaq to communicate, heal, and bond. The Mi'kmaq Friendship Centre has developed this version of the sharing circle to teach people about the Mi'kmaq culture. This program is recognized for its monumental ability to enhance communications between non-Mi'kmaq and Mi'kmaq individuals. Participants of the cultural sharing circle will learn about important Mi'kmaq cultural aspects such as medicines, sacred herbs, the braid, smudge ceremony, terminology, and food preparation practices. Participants will have the opportunity to openly ask questions. Moose chili will be served.

THURSDAY, NOVEMBER 13



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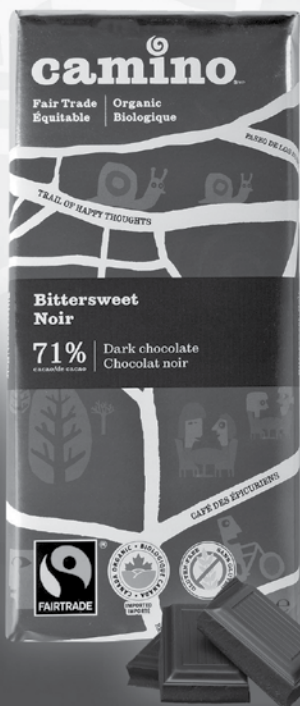
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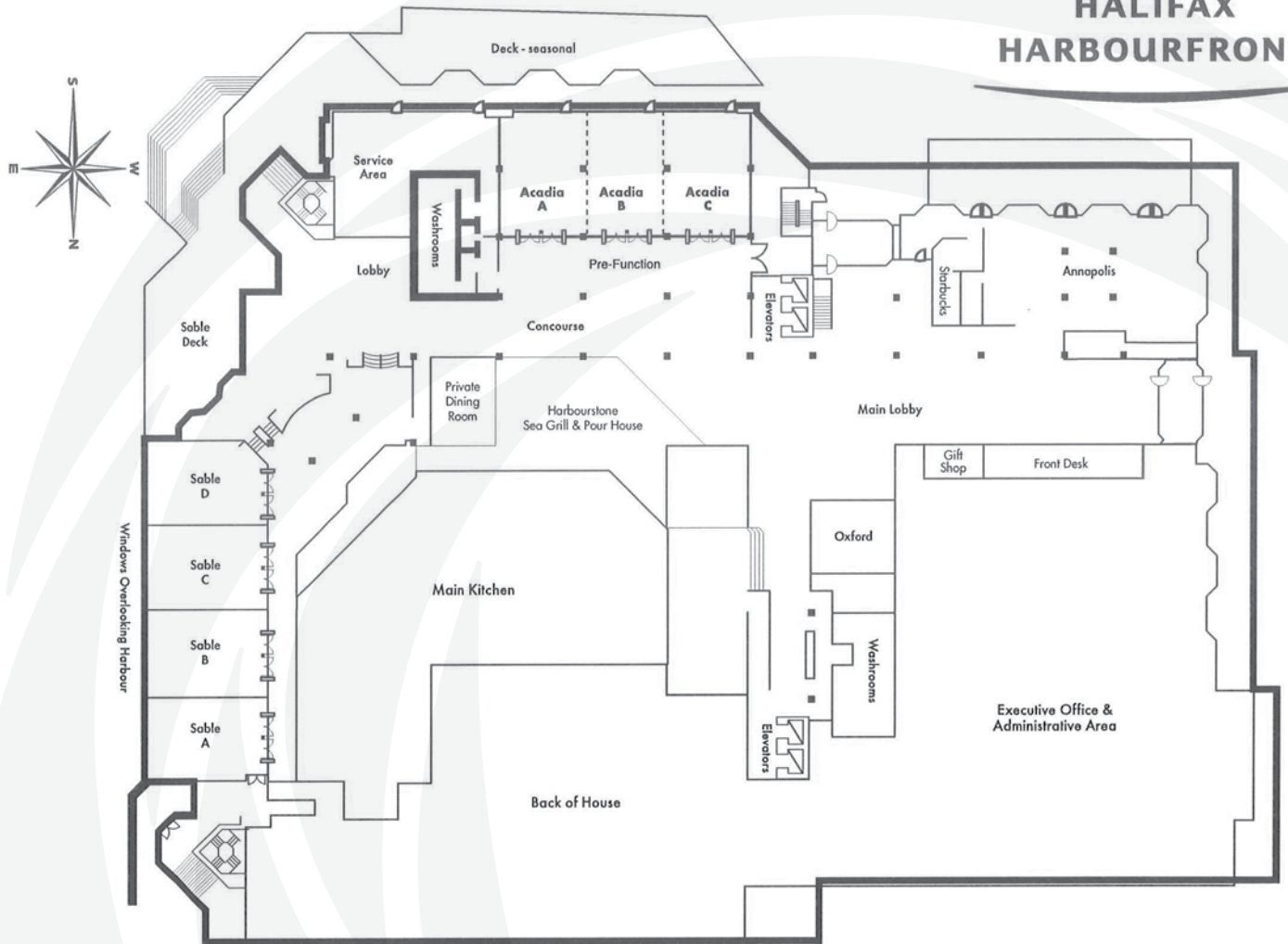
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Ground Floor

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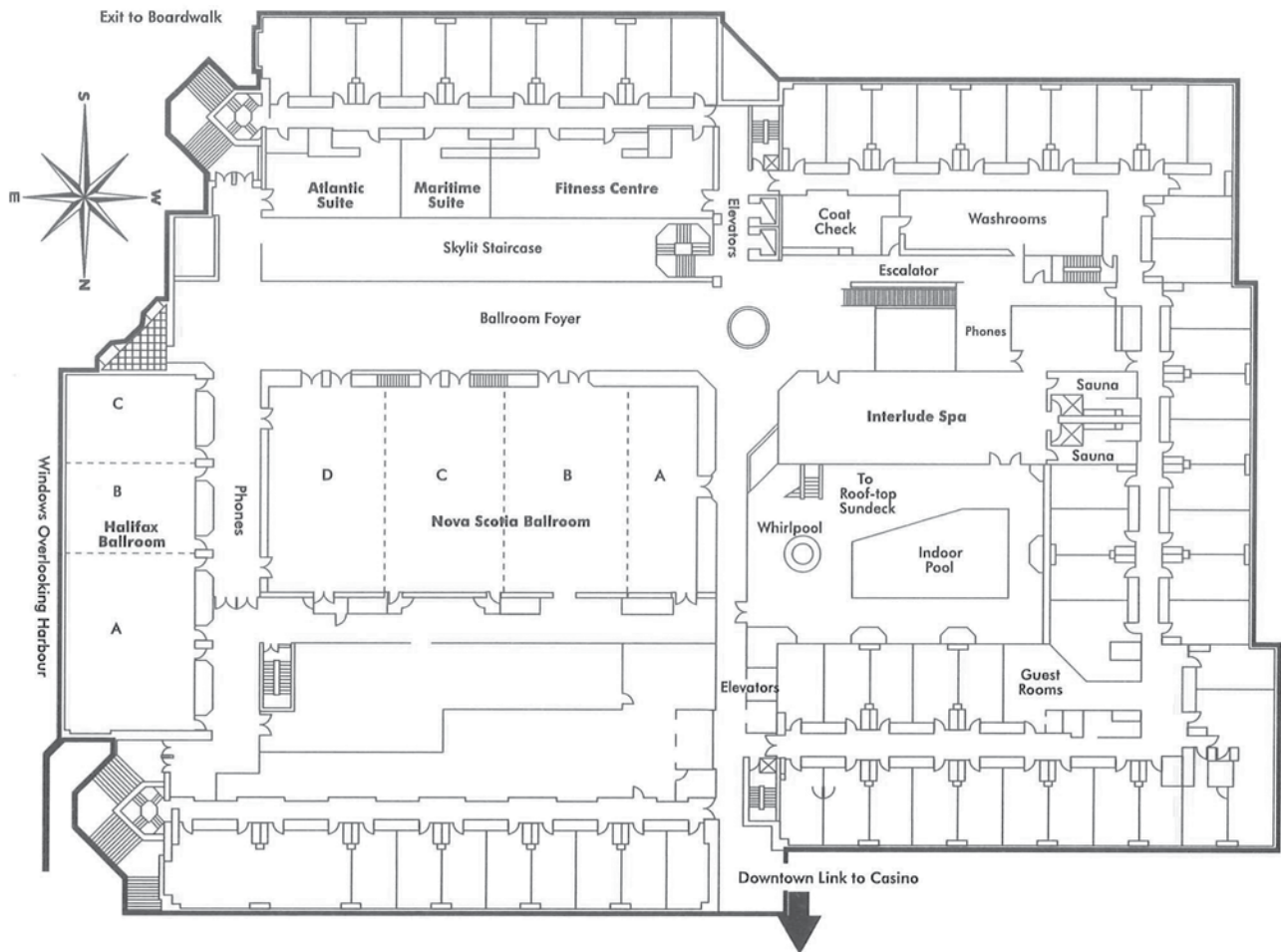


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Second Floor



List of exhibitors in the Ballroom Foyer

- | | |
|--|-----------------------------|
| ACORN | Food Matters Manitoba |
| The Aquaculture Association of Nova Scotia | Food Secure Canada |
| The Canadian Biotechnology Action Network | Food Action Research Centre |
| Community Food Centres Canada | FoodShare Toronto |
| Development and Peace | FoodWork |
| Dalhousie University, Faculty of Agriculture | Inter Pares |
| The Ecology Action Centre | Local Source Market |
| Ecosource | Open Heart Farming Poetry |
| FarmStart | PROOF |
| Fernwood Publishing | USC Canada |

TAKE A STAND EXHIBITORS - NS BALLROOM FOYER
Saturday from 8:30 am to 5:00 pm & Sunday from 8:30 am to 11:30 pm

We encourage you to visit the booths featuring the products and services of our exhibitors:

ACORN is a non-profit organization that promotes organic agriculture.

The Aquaculture Association of Nova Scotia supports the production of quality food in the cool, clear waters of Nova Scotia, creating wealth based on a renewable resource.

The Canadian Biotechnology Action Network (CBAN) researches and responds to the impacts of genetic engineering (also called genetic modification or GM) in food and farming. CBAN includes farmer associations, regional coalitions of grassroots groups, and environmental, international development and social justice organizations in Canada.

Community Food Centres Canada provides resources and a proven approach to partner organizations across Canada to create Community Food Centres that bring people together to grow, cook, share, and advocate for good food.

Development and Peace (The Canadian Catholic Organization for Development and Peace) is the official international development organization of the Catholic Church in Canada and the Canadian member of Caritas Internationalis.

Dalhousie University, Faculty of Agriculture specializes in post-secondary education in agriculture and its related disciplines. Our scholarship, research and training generate knowledge and solutions for healthy, sustainable societies.

The Ecology Action Centre (EAC) is one of Atlantic Canada's largest and most active environmental organizations. Since 1971, the EAC has been working at the local, regional, national and more recently, international level to build a healthier and more sustainable world.

Ecosource is an Ontario-based environmental organization specializing in fun, hands-on programs that emphasize how each of us can change our daily habits to become better environmental citizens. We focus on issues of waste reduction, community gardening & urban agriculture, sustainability education, local food policy and youth environmental leadership.

FarmStart supports a new generation of farmers to develop locally oriented, ecologically sound, and economically viable enterprises. We provide new farmers with the resources, tools and support necessary to get their businesses off the ground and to thrive.

Fernwood Publishing publishes critical books that inform, enlighten and challenge. We are political publishers in that our books acknowledge, confront and contest intersecting forms of oppression and exploitation. We believe that in publishing books that challenge the status quo we are facilitating the move to a more socially just world.

Food Action Research Centre (FoodARC) - Visit the interactive FoodARC display on the 2nd floor foyer to watch videos about our research that provoke thought and inspire action on creating healthy, just and sustainable food systems for all. Learn more about our activities and partnerships, and share your reflections and ideas about creating change! The FoodARC at Mount Saint Vincent University is committed to research and action to build food security in Nova Scotia and beyond.

Food Matters Manitoba - As a registered charity, Food Matters partners with northerners, newcomers, farmers and families to harvest, prepare and share good food.

Food Secure Canada is a pan-Canadian alliance of organizations and individuals working together to advance food security and food sovereignty through three inter-locking goals: zero hunger, healthy and safe food, and sustainable food systems.

FoodShare Toronto is a non-profit organization that works with communities and schools to deliver healthy food and food education. Since 1985, FoodShare has pioneered innovative programs like the Good Food Box, impacted what kids eat in school, and improved the way people eat and grow food across Toronto every day.

FoodWork: FoodWork's mission is to get more people to put their skills to work for local, sustainable and secure food. Food nonprofits, farms and businesses use FoodWork.ca to seek out staff, directors, interns and volunteers. In partnership with GoodWork, we bring 14 years experience and over 2,000 food postings to date.

Inter Pares believes in solidarity, not charity, as an approach to international cooperation. For 40 years, we have worked closely with courageous activists and more than a hundred inspiring organizations throughout the world to build peace, advance justice and globalize equality.

Local Source Market is committed to providing the community with locally grown, seasonally available fruits and vegetables as well as sustainable meat and dairy from locally raised animals. We are proud to provide residents with the ability to follow a local diet and to support our local farmers and suppliers.

Open Heart Farming Poetry - As an author in the anthology "In The Company of Animals" <http://www.nimbus.ca/In-the-Company-of-Animals-P6860.aspx>. I can purchase copies at a discount and want to sell copies at the regular price \$23.00 with \$5 of each purchase going to CBAN. It is my initiative, not non-profit or company.

PROOF is an international, interdisciplinary team of researchers who are committed to the reduction of household food insecurity. We have been funded by the Canadian Institutes of Health Research to execute a five-year research program to identify viable and effective policy interventions to reduce household food insecurity in Canada.

USC Canada works with small-scale farmers in 11 countries, including Canada, so they can continue expanding seed diversity and growing

MEETINGS

Open Working Meetings - Some offered within the concurrent session

Food Secure Canada's Youth Caucus Gathering

Friday, November 14, 6 pm - 9:30 pm

Doors open at 6pm. Starts at 6:30pm .

Followed by a social at 8:30pm at the Dalhousie University Club (6259 Alumni Crescent)

Location: Dalhousie Student Union Building, Room 224 (6136 University Ave)

Sessions are open to all individuals who identify as youth. Social is open to all FSC Assembly attendees.

Join the Food Secure Canada Youth Caucus in a session of learning, sharing and socializing with other young and emerging leaders in the food movement - we are food producers, eaters, students, and more!

Food Justice II: Strategy Session.

Room: Halifax Ballroom A

Saturday, November 15, 11:00 am – 12:30 pm

Hosted by the Food Justice Network – a joint partnership between FoodShare Toronto and Food Secure Canada. Come and share your best practices to address food challenges faced by racialized communities across the country and identify partnership opportunities to further food justice work in Canada.

Indigenous Circle.

Room: Sable D

Friday, November 14, 10:15 am - 12:45 pm

The Indigenous Circle will meet to review past work and set priorities for the year ahead.

Collaborating on Increasing Institutional Procurement of Local and Sustainable Foods.

Room: Halifax Ballroom C

Saturday, November 15, 1 - 2 pm.

Work to increase procurement of local and sustainable food by the broader public sector is being done across Canada by institutions, food service management companies and many other actors. Please join this one hour conversation over lunch to share what you are learning in this work and discuss potential collaboration.

Exploring Common Strategies on GMOs and Pesticides.

Room: Sable C

Friday, November 14, 2:00 – 3:30 pm

CBAN and Équiterre will hold a brief strategy session to share information across the GM and pesticides campaigns and to discuss possible strategic collaboration.

New Farmers Roundtable: Growing a Future for Canadian Agriculture – Part 2.

Room: Acadia C

Friday, November 14, 2:00 – 3:30 pm

The second part of the New Farmer Roundtable will create the opportunity for practical information sharing on new farmer initiatives across Canada.

Working Meetings - The following meetings are by invitation only

Raising the Bar on School Food Program - Coalition Meeting

November 12 – 13

Members of this coalition will meet to further develop their action plan for advancing a universal school food program in Canada.

Local & Sustainable Food Systems Network Meeting

November 12 – 13

Third annual meeting of the Network will include information sharing, networking and reports from the working groups.

FSC Board Meeting.

Sunday, November 16, 2:00 pm - 4:00 pm

Our new Board of Directors will meet to digest the outcomes of the Assembly and plan for the year ahead. Please contact any board member if there is an issue you think needs to be addressed.

KEYNOTE EVENT GENERAL INFORMATION

Thursday, November 13, 6:00 pm - 7:30 pm

ACORN Banquet - Halifax Ballroom

Purchased Banquet ticket required for FSC delegates who are attending ACORN's 15th annual all-organic banquet will feature a delicious four-course meal, sourcing exclusively local and organic products, and showcase the diversity and abundance of what Nova Scotia's organic producers have to offer! Tickets are \$50 and can be purchased at www.acornconference.org

Thursday, November 13, 8:00 pm - 9:00 pm

Dr. Vandana Shiva Keynote event

Co-hosted by Food Secure Canada, ACORN and Development and Peace

(included in the full-conference passes)

Nova Scotia Ballroom



FSC
Food Secure Canada

ACORN
Atlantic Canadian Organic Regional Network



Inspirational author and award-winning Indian environmentalist, founder of Navdanya, a national movement to protect the diversity and integrity of living resources, especially native seed, the promotion of organic farming and fair trade. Named by Forbes Magazine as one of seven most powerful women in the world. Her books, "The Violence of Green Revolution" and "Monocultures of the Mind" have become basic challenges to the dominant paradigm of non-sustainable, reductionist Green Revolution Agriculture. Through her books Biopiracy, Stolen Harvest, Water Wars, Dr. Shiva has made visible the social, economic and ecological costs of corporate led globalisation.

Thursday, November 13, 9:00 pm

FSC/ACORN Reception

(included in Assembly registration fee)

Meet old and new friends at our reception at the Marriott Harbourfront Hotel. Cash Bar.

Friday, November 13 & Saturday, November 14

Assembly Art Happening! Creating Waves of Change

Ballroom Foyer, 2nd Floor.

What is needed to create waves of change for sustainable food for all? What makes you optimistic about change? Join us at the Assembly Art Happening – an opportunity to create, reflect, and converse using art-making approaches including storytelling, painting (rocks and more!), stitching, poetry, collaging, adding to an Assembly quilt, creating with nature, and more. The space is inclusive, open to all delegates and interpretations of art, and hosted by Assembly delegates, students, and community members on Friday and Saturday. Please join us!

presents a new book by Brewster Kneen

Journey of an Unrepentant Socialist



Brewster is known for looking underneath the surface – of the food system, of Cargill, of genetic engineering – to find the principles on which they operate. Now he has turned to his own life, starting with his inside story of the New Left and the peace and civil rights movements of the 1960s, and the eventual disintegration of the Left. Chronicling the decades up to the present he concludes that anti-Communism won – though it is not a final victory. The existential horror of nuclear holocaust is echoed in today's reality of climate change, and people are beginning to make the connections with a capitalist economy that cannibalizes the environment. Social movements, including food sovereignty and explicitly anti-capitalist movements are gaining strength around the world. There is hope.

"Brewster's principled, practical and sane analysis of food systems is an essential touchstone for the food movement. He offers the gift of clear thinking that enables effective action." – Kathleen Gibson

Journey of an Unrepentant Socialist can be ordered at www.ramshorn.ca (\$20 plus postage).

The latest issue of The Ram's Horn newsletter is available on the website for free download, along with back issues and some of Brewster's books.

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SCHEDULE AT A GLANCE

TIME	THURSDAY, NOVEMBER 13
9:00 am - 5:00pm	Tours - Meeting point: FSC Assembly registration desk 30 minutes prior to the tour start time. If you have any questions please visit the registration desk.
3:00pm - 7:00pm	Registration/Info Desk Open
6:00pm - 7:30pm	ACORN Banquet – Halifax Ballroom Tickets purchased in ADVANCE from ACORN at www.acornconference.org
7:30pm - 8:00pm	Hotel cash bar is open for mixing and mingling
8:00pm - 9:00pm	Vandana Shiva Keynote – Nova Scotia Ballroom
9:00pm	FSC/ACORN Reception - Nova Scotia Ballroom Foyer

TIME	FRIDAY, NOVEMBER 14
7:45am - 5:30pm	Registration/Info Desk Open
7:45am - 8:30am	Coffee/Tea available – Nova Scotia Ballroom Foyer
8:30 am - 10:00am	Welcome & Opening Plenary: Sustainable Food For All – Nova Scotia Ballroom
10:00am - 10:15 am	Move to Workshops
10:15am - 11:00am	Food Secure Canada and ACORN Concurrent Sessions A (more details page 20)
11:00am - 11:15am	Move to Workshops
11:15am - 12:45pm	Food Secure Canada and ACORN Concurrent Sessions B (more details page 21)
12:45pm - 2:00pm	Buffet Lunch – Nova Scotia Ballroom (combined lunch with FSC Assembly and ACORN conference delegates)
2:00pm - 3:30pm	Food Secure Canada Concurrent Sessions C (more details page 22)
3:30pm - 4:00pm	Break
4:00pm - 5:30pm	Open space: Conversations for Change – Nova Scotia Ballroom
5:30pm - 9:30 pm	FSC's Youth Caucus Gathering – Dalhousie Student Union Building

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TORONTO FOOD 
POLICY COUNCIL

TIME		SATURDAY, NOVEMBER 15	
8:30am - 5:30pm	Registration/Info Desk Open		
8:30am - 9:15am	Coffee/Tea Available – Nova Scotia Ballroom Foyer		
9:00am - 10:30am	Concurrent Sessions D (more details page 23)		
10:30am - 11:00am	Break *visit Take a Stand exhibitors*		
11:00am - 12:30pm	Concurrent Sessions E (more details page 24)		
12:30pm - 2:00pm	Buffet Lunch – Nova Scotia Ballroom We encourage you to visit the Take a Stand exhibitors		
2:00pm - 3:30pm	Plenary session – Nova Scotia Ballroom Question Period: A Dialogue with Members of Parliament		
3:30pm - 4:00pm	Break *visit Take a Stand exhibitors*		
4:00pm - 5:30pm	Concurrent Sessions F - G - H (more details pages 25, 26 & 27)		
7pm - Late	Tastes and Sounds of Nova Scotia – St Andrew’s United Church		

TIME		SUNDAY, NOVEMBER 16	
8:30am - 12:30pm	Registration/Info Desk Open		
8:30am - 9:15am	Coffee/Tea Available – Nova Scotia Ballroom Foyer		
8:30 am - 9:30 am	FSC Annual General Meeting – Members only - Nova Scotia Ballroom		
9:30am - 10:00am	Break *visit Take a Stand exhibitors*		
10:00am - 1:00pm	Plenary and planning session – Nova Scotia Ballroom Moving Our Ideas to Action		
1:00 pm - 2:00pm	Closing Remarks and Box lunch – Nova Scotia Ballroom		
2:00pm - 4:00pm	Meetings Spaces available to book one contact FSCAssembly@agendamanagers.com		

Nova Scotia
Food Security Network

We are merging with other provincial food networks to form **Good Food Nova Scotia**

Stay tuned for more details
nsfoodsecurity.org



FoodShare

Since 1985, FoodShare Toronto has modeled a food system that is sustainable and accessible to everyone.

www.foodshare.net

PLENARIES – Nova Scotia Ballroom

Friday, November 14, 8:00–10:00 am

SUSTAINABLE FOOD FOR ALL

Lauren Baker, Food Secure Canada Board (moderator)

How do we make sustainable food accessible to all? This dynamic panel discussion among both local and guest speakers will mark the launch of Food Secure Canada's 8th National Assembly and the culmination of the 2014 ACORN Conference (Honouring Our Roots, Sowing Our Future). Speakers will provide stories, insights and ideas about how we can build a food system that leaves no one behind, treads lightly on the planet and enables future generations to do the same. Water and fisheries will be a central theme of this plenary.

Speakers:

- **Kerry Prosper**, Councillor and former Chief at Paqtn'kek Mi'kmaw Nation
- **Maude Barlow**, Council of Canadians
- **Debbie Reimer**, Kids Action Program
- **Susana Fuller**, Ecology Action Centre
- * **Lauren Baker**, Food Secure Canada Board



Friday, November 14, 4:00 pm -5:30 pm

OPEN SPACE:

Conversations for Change: What is needed to create waves of change towards sustainable food for all?

Have you ever been to a conference, during which all of your most important conversations happened during the coffee break? We're creating an opportunity to bring those conversations into the conference itself using a facilitation technique called "Open Space."

This session will allow participants to reflect on the issues arising or 'bubbling up' at the Assembly and to propose group discussions to delve deeper into these topics. Participants will attend the conversation(s) of their choice, networking with others who have similar interests, questions or passion to share. If there is a topic you feel is missing from the program for which you have passion or a burning question, this is a space for you to put it on the table and find others at the Assembly with common interests.

What is "Open Space"?

Open Space is a facilitated and structured process that works with the questions and knowledge in the room. In the context of this Assembly, it creates opportunities that are not pre-determined, in which participants can connect, collaborate, learn, share, and network in a fruitful way on a common theme.

Want to know more? Watch this short video: <http://vimeo.com/69798729>

Saturday, November 15, 2 pm-3:30 pm

QUESTION PERIOD: A DIALOGUE WITH MEMBERS OF PARLIAMENT

With our next federal election on the horizon for 2015 we need to put a healthy, just and sustainable food system on the agenda of federal political parties. Food movement leaders will highlight key policy issues that need traction at the national level for a group of federal MPs who will in turn explain their party's approach. This policy plenary is an opportunity for dialogue between federal politicians and food movement leaders – a chance to ask questions, discuss ways to overcome policy barriers and move our goal for a national food policy forward.

Chair: **Jane Taber**, Atlantic Bureau Chief, The Globe and Mail



Members of Parliament:

- **Mark Eyking** (MP, Sydney-Victoria, Liberal)
- **Megan Leslie** (MP, Halifax, NDP)
- Conservative MP (to be confirmed)



Civil society representatives:

- **Debbie Field**, Executive Director of FoodShare Toronto, on federal support for school food
- **Alex Fletcher**, National Farmers Union, Youth President, on new farmers
- **Norma Kassi**, FSC Board member and Arctic Institute for Community Based Research, on food insecurity in the North
- **Valerie Tarasuk**, Principal Investigator, PROOF Research project, on Guaranteed Annual Income



Sunday, November 16, 10:00 am - 1:00 pm

MOVING OUR IDEAS TO ACTION

Utcha Sawyers, Food Secure Canada Board (moderator)

What bold actions are we going to take to create deep and lasting change?

This session will start with a panel discussion with Diana Bronson, Nick Saul, Pamela Palmetter and Dr. Patty Williams to help focus us on strategies for working collectively to bring about inclusive, systemic change. Panel members will inspire us with their stories of success, lessons learned, and challenge us to think differently about our local, regional and national food movements.

The speakers will be followed by a large-scale planning session in small working groups facilitated by a skilled team.

Whether you want to organize around food issues during the upcoming federal election, create a completely parallel system or raise the profile of food issues in your community, there will be a space for you to connect with others and workshop ideas. Participants will identify and shape the work groups that form, each of which will be tasked with developing an action plan for change. This pivotal moment will set a road map for our collective work across Canada in 2015 and into the future. Want to learn more about the facilitation technique we will use? Check out this video: http://www.impactyouthsustainability.ca/blogs/recentnews/what_is_proaction_cafe

Speakers:

Diana Bronson, Food Secure Canada

Nick Saul, Community Food Centres Canada


Dr. Pamela D. Palmetter, Mi'kmaw citizen, Associate Professor and Chair in Indigenous Governance at Ryerson University

Dr. Patty Williams, FoodARC

Utcha Sawyers, Food Secure Canada Board



10:15-11:00 AM CONCURRENT SESSIONS A

 Health / Children

 Justice / Northern / Indigenous

 Local / Sustainable / Business

 Food Security / Community Development

 Fisheries / Resource Management

Engaging Seniors/Elders to Foster Community-based Food Security.

Room: Sable B 

Sarah Ferber, Food Security Network of Newfoundland and Labrador (FSN)

Seniors and elders are capable of taking an increasingly dynamic and leading role in establishing community-based food security across Canada.

Keeping Food Security on the Government Agenda.

Room: Halifax Ballroom B 

Melanie Kurrein, Provincial Health Services Authority; **Margaret Yandel**, BC Ministry of Health

This presentation will identify the key levers that keep food security on the provincial health agenda in British Columbia despite an evolving provincial landscape.

Maximizing Return on Investments (ROI) for Small-scale Processing Facilities.

Room: Sable C  

Jenna Stoner, Living Oceans Society; **Rita Hansen Sterne**, University of Guelph; **Mike Bishop**, Owner, Helen B's Preserves;

Thomas Barlow, Canadian Federation of Independent Grocers

A diverse group will share first-hand experiences of food processing from both land and aquatic food systems and engage in a brainstorm discussion to explore innovative ideas/models that could maximize the ROI in small-scale processing facilities.

Northern Farm Training Institute: A Path to Growing Food Security in the North.

Room: Acadia A  

Kim Rapati, Northern Farm Training Institute

The Northern Farm Training Institute (NFTI) was mentioned in the newly released report entitled Aboriginal Food Security in Northern Canada as a promising, multidisciplinary approach to building food security in the North.

Pesticide Problems and Politics - Healthy Environments as a Precursor to Food Security.

Room: Halifax Ballroom C 

Lisa Gue, David Suzuki Foundation; **Nadine Bachand**, Équiterre

Équiterre and the David Suzuki Foundation will speak about the health and environmental impacts of pesticides, and address advocacy initiatives that are underway to bring about stronger public regulation of pesticides.

Seeking Netukulimk Film Screening and Indigenous Circle Meeting.

Room: Sable D  

Martha Stiegman, York University; **Kerry Prosper**, Paqtnkek Mi'kmaw Nation

Film screening of Seeking Netukulimk (22min), followed by an interactive discussion with co-directors Martha Stiegman (York University) and Kerry Prosper (Paqtnkek Mi'kmaw Nation) about Mikmaq food systems and video-based participatory research.

Turning an Urban Homestead into an Integrated and Sustainable Social Enterprise.

Room: Acadia C 

Phil Ferraro, Institute for Bioregional Studies Ltd.

By demonstrating how aquaponics, LED grow lights, edible landscaping, community gardens and social enterprise can be integrated into a sustainable model that fosters food self-reliance and local economy, this presentation will demonstrate how visionary ideals can be transformed into practical and sustainable social enterprises.

Waves of Change: Talking Sustainability Outside the Bubble

Room: Halifax Ballroom A 

Jodi Koberinski, Organic Council of Ontario; **Kathleen Charpentier**, NFU; **Vandana Shiva**, Navdanya

This workshop allows participants to explore strategies for addressing underlying beliefs and systems of thinking that make conversations about sustaining food production and earth democracy challenging. Participants will leave better equipped to have difficult conversations with decision makers and opinion shapers about sustaining food production, and better equipped to build engagement in our movement.

FRIDAY, NOVEMBER 14

11:15 AM-12:45 PM CONCURRENT SESSIONS B

Indigenous Circle Meeting continued.

The Indigenous Circle will meet to review past work and set priorities for the year ahead.

Room: Sable D  

The ABCs of GMOs.

Eric Chaurette, Inter Pares; **Lucy Sharratt**, Cdn Biotech Action Network; **Thibault Rehn**, Vigilance OGM; **Taarini Chopra**, Cdn Biotech Action Network.

This workshop will provide basic information on genetic engineering/ genetically modified organisms (GMOs) and discuss some of the critical problems these pose.

Room: Halifax Ballroom B 

Clarifying the Puzzle: Raising the Bar on Research of School Food Programs.

Mary McKenna, University of New Brunswick; **Judith Barry**, Breakfast Club of Canada; **Catherine Parsonage**, Toronto District School Board; **Dr. Victoria Crosbie**, Developmental Pediatrician

There is surprisingly little research that has been conducted on school food programs in Canada. This panel will highlight some research and evaluation results from recent years followed by a discussion about priorities for future research.

Room: Sable B  

Food Hubs – Connecting Producers with Eaters Across the Value Chain.

Justin Cantafio & Dave Adler, Off the Hook; **Sally Miller**, the Food Hub Project; **Mathieu D'Astous**, Really Local Harvest / La Récolte de Chez Nous; **Franco Naccarato**, Greenbelt Fund; **Daniel Kanu**, Food Matters Manitoba; **Moe Garahan**, Ottawa Food Hub; **Peggy Bailie**, Eat Local Sudbury

Food hub leaders from across Canada will share stories of their successes and challenges, from start up to expansion, from seafood to ground crops, with funding and regulations. Session presenters will include food hub innovators from across the country with active participation from session attendees encouraged.

Room: Halifax Ballroom C  

From the Ground Up: Municipal Food Policy Leadership across Canada.

Lauren Baker, Toronto Food Policy Council; **Carolyn Young**, Sustain Ontario; **Brent Mansfield**, Vancouver Food Policy Council; **Aimee Carson**, Ecology Action Centre; **Heather Monahan**, Capital District Health Authority.

This session will bring together food policy councils, municipal officials and staff, academics, and key organizations to share their diverse experiences, and discuss how the local, sustainable, equitable food agenda can be supported through provincial and national networks.

Room: Halifax Ballroom A

Migrant Farm Labour – Sharing Information and Strategies for a Just System in Canada.

Bill Fairbairn, Inter Pares; **Chris Ramsaroop**, Justice for Migrant Workers; **Wanda Thomas**, PSAC-TBS

Inter Pares and J4MW will build on the workshop in the last assembly to discuss efforts in Canada to work for changes in policies and legislation affecting migrant workers.

Room: Acadia A 

New Farmer Roundtable: Growing a Future for Canadian Agriculture - Part 1.

Anne-Marie Royal, Terre de Liens; **Paul Lecomte**, FIRA - Fonds d'investissement pour la relève agricole; **Severine von Tscherner Fleming**, The Greenhorns/Agrarian Trust; Facilitators: **Abra Brynne**, Food Secure Canada; **Christie Young** – FarmStart

This first session will consist of presentations from key Canadian and international stakeholders who are working to build a new generation of farmers through innovative land access, financing and training models.

Room: Acadia C 

Sowing Seeds of Survival: Food Security Starts with Seed Security.

Faris Ahmed and USC Canada Team

This workshop puts the issue of seed diversity and seed security front and centre in the thinking around resilient food systems and policy that favours food sovereignty. Speakers will feature innovative seed work both in Canada and in the global South, as well as lessons we can learn from each other.

Room: Sable C 

2:00 PM - 3:30 PM CONCURRENT SESSIONS C

Growing Healthy Kids – School Food Programs that Work.

Room: Nova Scotia Ballroom B

Celina Stoyles, ED Kids Eat Smart NL; **Margo Riebe-Butt**, Nourish Nova Scotia; **Cheyenne Mary**, Canadian Feed the Children; **Ulla Knowles**, FoodShare Toronto

This panel will share about a variety of school food programs from across the country that have innovated on the old model of school food programs to promote healthy eating habits, support local food producers, teach food skills and much more.

In the Year of Family Farming: Food Sovereignty is the Framework for Family Farm Resilience.

Room: Halifax Ballroom B

Joan Brady, NFU; **Pierre-Olivier Brassard**, Union paysanne

La Via Campesina member organizations in Canada, the National Farmers Union and Union paysanne, will share their views on the challenges that face small and medium-scale family farming in Canada, as well as the solutions that are developed here and abroad by the movement for food sovereignty.

Making Food Matter:

A Nova Scotia Strategy Supporting Action on Community Food Security

Room: Nova Scotia Ballroom D 

Chris Stothart, FoodARC - Voices for Food Security in Nova Scotia; **Jen Organ**, FoodARC - Voices for Food Security in Nova Scotia; **Deborah Dickey**, Dartmouth Family Resource Centre / FoodARC - Voices for Food Security in Nova Scotia; **Debbie Reimer**, Kids Action Program / FoodARC - Voices for Food Security in Nova Scotia; **Patricia Williams**, FoodARC - Voices for Food Security in Nova Scotia
Voices for Food Security in Nova Scotia's Make Food Matter strategy and toolkit seek to mobilize over 10 years of provincial community food security research knowledge to action. The toolkit combines learning and resources from a diversity of voices with a stake in realizing healthy, just and sustainable food systems. Participants will learn about research that has informed strategy development, receive an orientation to, and workshop some of the toolkit components which support much needed action around community food security.

New Farmer Roundtable: Growing a Future for Canadian Agriculture – Part 2.

Room: Acadia C 

Sophie Ackoff, National Young Farmers Coalition; **Dana Penrice** - C&E Meats (Alberta/Prairies); **Genevieve Grossenbacher** - Notre Petite Farm (QC); **Kim Rapati** - Territorial Farmers' Association (NorthWest Territories); **Lucia Stephen** - ACORN/Grow A Farmer (Atlantic); **Margaret Graves** - FarmStart (ON); **Sridharan Sethuratnam** - FarmStart (ON); **Virginie Lavallée-Picard** - NFU Youth (B.C.)

The second part of the New Farmer Roundtable will create the opportunity for information sharing on new farmer initiatives across Canada.

Researching for/with the Canadian Food Movement: The Power of Community-Campus Connections. Room: Halifax Ballroom C

Moderator: **Charles Levkoe**, Wilfrid Laurier University

Carolyn Young, Sustain Ontario (CFICE project with U of Toronto); **Marie-Josée Massicotte**, University of Ottawa; **Ann Wheatley**, Cooper Institute, PEI; **Patricia Ballamingie**, Carleton University; **Martha Stiegman**, York University

This session will begin with a series of presentations from academic and community researchers who will address issues regarding power imbalances, protocols and data-sharing agreements, the need for sensitivity to changing contexts, recognizing different forms of expertise, and other questions participants raise.

Transitional Economies: Shifting the Paradigm with Forest and Freshwater Foods.

Room: Sable D  

Meshan Sutherland, Fort Albany First Nation; **Joseph Leblanc**, True North Community Cooperative; **Alexander Boulet**, Federation of Ontario Naturalists

Join three actionists in the areas of food sovereignty, land-use planning, community based research, and food activism as they facilitate a discussion around the following premise - In northern regions and forest-based communities, forest and freshwater foods and their ecosystems can act as a lynch-pin for transitional economic strategies seeking to move away from a global food system that fosters dependence and vulnerability, and towards locally based alternatives that promote independence and strengthen resilience.

Visible Voices: How to Leverage Photo and Video Communication for Change.

Room: Sable B

Nadia Pabani, FoodARC - MSVU; **Jennifer Hogg**, Shoot + Cut Productions

Photovoice and Participatory Video are two research tools that can leverage this trend to stimulate positive social change, by tapping into the power of the visual to give people an impactful and far-reaching voice. Join us for a seminar to learn about the methods, and gain practical experience and relevant skills to engage these tools in your own work to influence change within the food movement.

Beyond the Same Old: Models for Diversifying Funding.

Room: Halifax Ballroom A

Beth Hunter, The J.W. McConnell Family Foundation; **Ryan O'Quinn**, Ecology Action Centre; **Debbie Field**, FoodShare Toronto; **Julie Price**, Tides Canada

This workshop will present innovative examples to stimulate ideas on new revenue streams through the use of examples and by encouraging lively discussion with participants and presenters

9:00 AM - 10:30 AM CONCURRENT SESSIONS D

Financialization 101.

Room: Nova Scotia Ballroom B

Jennifer Clapp, University of Waterloo; **Sarah Martin**, University of Waterloo

This workshop introduces participants to the increasingly important role that finance is taking in the food system. We take a step-by-step approach to show how financial actors are interacting and investing in food and agriculture, here in Canada and around the globe.

Food Co-operatives as Significant System Change Makers.

Room: Halifax Ballroom B 

Hannah Renglich, Local Organic Food Co-ops Network and West End Food 'Co-op'; **Devorah Belinsky**, Ottawa Valley Food 'Co-op' and Sustain Ontario; **Jocelyn Carver**, Kootenay Country Store Cooperative and Upper Columbia Cooperative Council; **Peggy Baillie**, Eat Local Sudbury 'Co-op'.

Our panel of speakers will share their experiences of co-operative food enterprise, highlighting the transformational role co-ops have played within their communities and the food system.

Food Justice 1: Multiculturalism, Food Justice and Democracy.

Room: Halifax Ballroom A 

Co-chairs: **Utcha Sawyers** and **Nydia Dauphin**, FoodShare Toronto

Panel - **Patrick Nadjiwon**, Three Sisters House; **Sabina Ali**, Thorncliffe Park Women's Committee; **Jacqueline Dwyer**, Toronto Black Farmers and Growers Collective; A representative from the Mi'kmaw Native Friendship Centre; A representative from Hope Blooms; a representative from the Growing Strong Neighbourhoods project of the Immigrant Settlement and Integration Services;

Dawn Morrison, Working Group on Indigenous Food Sovereignty and Kwantlen Polytechnic University; **Raquel Koenig**, Fours Arrows Regional Health Authority, Manitoba; **Vanessa Yu**, CaterTO.

Hosted by the Food Justice Network – a partnership between FoodShare Toronto and Food Secure Canada.

This workshop will feature speakers sharing innovative work to dismantle racism in our food system and build inclusivity and cross cultural understanding.

Exploring the issues of "value" in sustainable fisheries

Room: Sable C  

Melanie Newell and **Alen Newell**, Chedabucto Bay Sustainable Fisheries Incorporated; **Amanda Barney**, Ecotrust Canada;

Jim McIsaac, TBuck Suzuki. Moderator: **Justin Cantafio**, Ecology Action Centre.

Hear about the issues of in defining "value" in both East and West coast sustainable fisheries work. Chedabucto Bay trap-caught shrimp have been harvested in Nova Scotia for 20 years using low impact fishing methods to ensure sustainability and quality and now need to develop a more sustainable market for their unique product. Participants will also hear about the documentation of the full suite of values, from economic to intangible, that wild capture commercial fishing brings to communities in Canada's Pacific North Coast Integrated Management Area (PNCIMA). The moderator from the Ecology Action Centre will introduce the session with highlights of their work with a Community Supported Fishery and regional value chains to support small-scale fisheries.

First Nations Resource Management - Food Sovereignty in Action.

Room: Sable D  

Clifford Paul, Unama'ki Institute of Natural Resources; **Sana Kavanagh**, Mi'kmaw Conservation Group, The Confederacy of Mainland Mi'kmaq Beginning with a screening of the short documentary 'Our Rightful Place', about the efforts to establish traditional Mi'kmaq management of moose in Unama'ki (Cape Breton), this session will discuss how Mi'kmaq First Nations in Atlantic Canada are building community food and economy security by taking active roles in managing the natural resources that their communities depend on.

Government Leadership on Food Security and Healthy Eating.

Room: Nova Scotia Ballroom D  

Chair: **Patty Williams**, Director, FoodARC and Professor and CRC in Food Security and Policy Change, Mount Saint Vincent University
Keynote: **Dr. Robert Strang**, Chief Public Health Officer, Nova Scotia

Discussants: **Wayne Roberts**, Canadian food policy analyst and writer, formally manager of Toronto Food Policy Council (2000-2010);

Shylah Elliott, Health Policy Analyst, Nunavut Tunngavik Inc.; and **Margaret Yandel**, RD, Manager Public Health Nutrition | Healthy Living Branch, Population and Public Health, Ministry of Health, BC.

The session will offer an opportunity for the speakers and participants to advance ideas and understanding about how public health and public health partners can amplify their work together to create the conditions for healthy communities where there is sustainable food for all.

Food and the Social Economy: Challenges and Opportunities.

Room: Sable B

Debbie Field, FoodShare Toronto; **Mahdiah El Jed**, étudiante chercheure, UQAM

This panel will address the challenges and opportunities of using the social economy model for food.

Getting into the Nitty Gritty of a National Food Policy (Part 1) *Pre-registration is required.

Room: Acadia A

Rod MacRae, York University

This half-day workshop with one of Canada's leading experts on creating a joined up national food policy will provide participants with detailed information on strategies and content to build a healthier, more equitable and sustainable food system by changing legislation, programmes and policies.

11:00 AM - 12:30 PM CONCURRENT SESSIONS E

Getting into the Nitty Gritty of a National Food Policy (Part 2).

Room: Acadia A

Canada and the Global Transition to Sustainable Agriculture.


Room: Nova Scotia Ballroom B

Chair: Eric Charette, Inter Pares and Chair of Food Secure Canada

Faris Ahmed, USC Canada; **Jennifer Clapp**, University of Waterloo. **Taarini Chopra**, Canadian Biotechnology Action Network (CBAN).

What is the role that Canada is playing internationally on these issues and how can the Canadian food movement intervene at bodies like the World Committee of Food Security to make a more constructive contribution?

Food Service Management Innovators.

Room: Sable C 

Joshna Maharaj, Director of Food Services & Executive Chef, Ryerson University; **Rachel Schofield Martin**, District scolaire francophone Sud;

Rachel Allain, Réseau des cafétérias communautaires; **Mathieu D'Astous**, Récolte de Chez Nous

What are the results when food service management prioritizes procurement of local and sustainable foods? Hear about two efforts to rebuild food service focused on local – one with a corporate partner and the other operating as a social enterprise.

Food Justice 2: Strategizing Session.

Room: Halifax Ballroom A

Joseph LeBlanc, Food Secure Canada; **Utcha Sawyers**, FoodShare Toronto.

Hosted by the Food Justice Network – a joint partnership between FoodShare Toronto and Food Secure Canada.

Come and share your best practices to address food challenges faced by racialized communities across the country and identify partnership opportunities to further this work in Canada.

Protecting and Re-valuing Foodlands.

Room: Halifax Ballroom B

Dawn Morrison, Working Group on Indigenous Food Sovereignty and Kwantlen Polytechnic University;

Annette Desmarais, University of Manitoba; **Ella Haley**, Athabasca University, **Kathleen Gibson**, BC Food Systems Network

This workshop will consider different narratives, experiences and practices related to foodlands, starting with Indigenous struggles to protect and conserve land and bio-cultural heritage over many years. How should the food movement evaluate and protect foodlands as a basis for sustainable food systems and the next generation of food producers and harvesters?

Growing Reconciliation through Indigenous Food Sovereignty.

Room: Nova Scotia Ballroom D 

Larry McDermott, Plenty Canada, **James Daschuck**, University of Regina, **Leanne Betasamosake Simpson**, author,

Addrienne Lickers, Our Sustenance

Indigenous peoples shared the knowledge developed over 1000's of years of various Indigenous food systems with settlers. Join us for this presentation followed by a talking circle to discuss how we can advance food sovereignty together, and in so doing grow our capacity for reconciliation.

Shifting Food Systems through Participatory Processes: Waves of Hope.

Room: Sable D

Moderator: **Charles Levkoe**, Wilfrid Laurier University

Dr. Patty Williams, FoodARC, MSVU; **Nicole Druhan-McGinn**, Capital District Health Authority;

Julianne Acker-Verney, FEED NOVA SCOTIA; **Sheila Bird**, South West Nova District Health Authority; **Debra Dickey**, Dartmouth Family Center; **Sheila Francis**, Pictou Landing First Nation; **Debra Reimer**, Kids Action Program; **Marjorie Willison**, Chebucto Connections (Spryfield); **Meaghan Sim**, Dalhousie University; **Christine Johnson**, Guysborough Antigonish Strait Health Authority

Participants will learn how participatory processes bring together individuals diverse in their experience, ways of knowing, relationship with, and approaches to, food. A panel of story-tellers will share how participatory processes led to new actions that hold promise for transforming food systems.

Community Food Mentors: Building a Network of Passionate People Who Aim to Increase Food Security through Home-grown Food Actions!

Room: Halifax Ballroom C

Bob Gracie, New Brunswick Food Security Action Network; **Lori Heron**, Horizon Health Network; **Jessica McMackin**, Horizon Health Network; **Lucie Chiasson**, Department of Healthy and Inclusive Communities; **Patricia Murphy**, Elsipogtog Health & Wellness Centre;

Laura Alward, Greeneye Opportunities Social Enterprise; **Janet Hamilton**, Moncton Headstart/Mapleton Teaching Kitchen; **Lisa Brown**, Foods of the Fundy Valley; **Aaron Shantz**, Westmorland Albert Food Security Action Group

How do we address the complex and interdependent causes of food insecurity in New Brunswick? Over 30 Community Food Mentor (CFM) programs have taken root, creating a network of mentors who are building capacity and increasing food security through a variety of local actions.

How do we address the complex and interdependent causes of food insecurity in New Brunswick? Over 30 Community Food Mentor (CFM) programs have taken root, creating a network of mentors who are building capacity and increasing food security through a variety of local actions.

4:00 PM - 4:40 PM CONCURRENT SESSIONS F (40 MIN)

Making Vegetables and Fruit Available in BC Remote Communities.

Room: Halifax Ballroom B 

Margaret Yandel, BC Ministry of Health.

In Canada's remote communities, geographical and community barriers limit the availability of fresh, quality produce. This presentation will share the learnings and outcomes of an innovative three year project that attempted to get more produce of higher quality into 24 remote British Columbia communities.

NiKigijavut Nunatsiavutinni, Our Food in Nunatsiavut: A Story of Community and Regional Food Planning to Action in Northern Labrador.

Room: Sable D 

Kristie Jameson; Martha Winters-Abel, Juliana Flowers, Regina Dicker; Carlene Palliser, Food Security Network of Newfoundland and Labrador

This session will showcase NiKigijavut Nunatsiavutinni: Our Food in Nunatsiavut, a project supporting community and regional food planning to develop culturally-appropriate solutions to improve access to healthy food in Nunatsiavut.

Pecha Kucha 1.

Room: Sable C

Join us for this fast-paced session that will leave you wanting more.

Carla Dandreamatteo, Dietitians of Canada : Exploring the Nutritional Vulnerability of Homeless Men in a Canadian Urban Setting

Faris Ahmed, USC Canada: Seedmap.org: Map Your Meal, and More!

David Wimberly, Annapolis County Council: Transition Bay St Margaret's

Sarah Ferber, Food Security Network of Newfoundland and Labrador: Root Cellars: A traditional foodway with current relevance

Laura Anderson, Cumming School of Medicine, University of Calgary: Vignette-based interviewing: A method for examining argumentation on policy options to reduce household food insecurity

The Faces and Voices of the Nova Scotia Lobster Industry: Participatory Research Video and Discussion on the Sustainability of the Rural Coastal Community.

Room: Sable B

Sheila Bird, ACT-CFS/Public Health/South West Health; **Cynthia Perry**, Community Researcher – ACT for CFS;

Emily Swim, Fisherman.

Watch The faces and voices of the lobster industry video followed by facilitated discussion/participatory process.

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By working together through a set of shared principles, the Good Food Organizations initiative supports community food security organizations across Canada to offer healthy and dignified food programs in their communities, and connects organizations around the country in a collective commitment to achieving a healthy and fair food system.

GOOD FOOD ORGANIZATIONS HAVE ACCESS TO



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Good Food Grants



Community

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www.goodfoodorganizations.ca



4:45 PM - 5:30 PM CONCURRENT SESSIONS G (40 MIN)

Transforming Canada's Food Guide?: Critical Dietetics in Dialogue With Sustainable Food Systems.

Room: Halifax Ballroom B

Aja Peterson, York University; **Stephanie Lim**, University of British Columbia; **Hugh Joseph**, Tufts University

What does it mean to eat healthy? As community developers and food justice advocates, **Aja Peterson** and **Stephanie Lim** illuminate the ways in which intersecting forms of exclusion are embedded in Canadian nutrition education and research, focusing in particular on the assumed scientific neutrality of the Canada Food Guide (CFG).

Hugh Joseph addresses strategies to expand the scope of CFG to incorporate sustainability as part of a broader public approach, so that the public can make food choices that incorporate social justice and environmental objectives as part of nutritionally healthy diets.

Food Challenges, Northern Inspiration: Stories of Partnership in Northern Manitoba towards Food Self-Sufficiency

Room: Sable D

Chloe Donatelli, Food Matters Manitoba and **Byron Beardy**, Four Arrows Regional Health Authority

This presentation will give a brief survey of the community-based projects across Manitoba's northern First Nation communities, ranging from backyard chicken production, to greenhouse and community gardening initiatives, to traditional foods education, distribution and celebration.

Opening Up the Box: Exploring the Scaling Out of the Good Food Box Across Canada.

Room: Sable B

Neva Hassanein, Environmental Studies, University of Montana; This presentation shares the results of an extensive study of GFB programs, based on interviews with 21 managers.

We look at how these programs operate and balance multiple community-food security goals.

Pecha Kucha 2.

Room: Sable C

Join us for this fast-paced session that will leave you wanting more.

Tamara Cottle, Athabasca/University of Calgary: The Yolk That Binds Us: The Rehumanization of Urban Chicken Keepers in the Food Sovereignty Movement

Jenna Stoner, Living Oceans Society Wasted: How Seafood Losses Undermine Sustainability of Seafood Systems

Kelly Hodgins, University of Guelph: Producer Livelihood-Insecurity and Consumer Food-Insecurity: Investigating wider inclusion for low-income consumers in alternative food businesses

Samantha Gambling, Food Sovereignty in the BC Dairy Industry

Misty Rossiter, Mount Saint Vincent University, Infant feeding practices among mothers who experience food insecurity

Sarah Hardy, Vitality Natural Health/ Breastfeeding Community of Practice – Halifax, Breastfeeding Supportive Culture:

The basis of early food sovereignty

4:00 PM - 5:30 PM CONCURRENT SESSIONS H (90 MIN)

Building Effective Community-Campus Relationships for the Future.

Room: Halifax Ballroom A

Moderator: **Charles Levkoe**, Wilfrid Laurier University

Brent Mansfield, BC Food Systems Network, Vancouver Food Policy Council, and UBC Land & Food Systems / Think&EatGreen@School project (with Will Valley, UBC Land & Food Systems / Think&EatGreen@School project); **Dawn Morrison** (Secwepemc Nation), Working Group on Indigenous Food Sovereignty, Kwantlen Polytechnic University Institute for Sustainable Food System, Revitalizing Grease Trails Project.; **Abra Brynne**, BC Food Systems Network, Food Secure Canada, and CFICE; **Larry Baxter**, Co-chair of Student Engagement Working Group, Activating Change Together for Community Food Security, Nova Scotia.

Discussants: **Sarah Martin**, University of Waterloo

What kinds of research relationships are the most fruitful for building a food sovereignty movement?

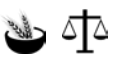
Collaborating on Increasing Institutional Procurement of Local and Sustainable Foods.

Room: Nova Scotia Ballroom D

Leanne Dunn and **Daniel Kanu**, Food Matters Manitoba; **Franco Naccarato**, Greenbelt Fund; **Karen Williams**, Director of Health, Wellness and Sustainability, Aramark. Discussant: **Lori Stahlbrand**, PhD Candidate, Wilfrid Laurier University

What is the impact of greater local food procurement by public sector institutions? How are these changes best facilitated? Hear about two provincial projects engaging public sector institutions around local food procurement.

Indigenous Food Sovereignty and Food Insecurity: The Need for Action-oriented Research (NAR). Room: Halifax Ballroom C



Kelly Skinner, Lakehead University; **Joseph LeBlanc**, President, True North Community Co-operative;

Jackie Fletcher, Missanabie Cree First Nation; **Kristin Burnett**, Lakehead University

This panel will be a facilitated discussion between researchers and community members about conducting research with Indigenous communities.

Food Banks: Part of the Solution or Part of the Problem?

Room: Nova Scotia Ballroom B



Chair: **Catherine Mah**, PROOF Research Project

Presenters: **Shawn Pegg**, Food Banks Canada, **Kathryn Scharf**, Community Food Centres Canada, **Val Tarasuk**, PROOF Research Project
Academic research and recent public debates have focused on the role of food banks in poverty reduction as well as on the development of social policy. Has charity replaced government obligations to ensure respect for the human rights of vulnerable populations? Do food banks encourage long-term dependence on charity? Can food banks be constructive agents of change?



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9. Community mobilization workshops with farmer/producer associations
10. Development of food policy councils

info@ecoethonomics.ca
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TASTE AND SOUNDS OF NOVA SCOTIA

Saturday, November 15, 7:00 pm

St. Andrew's United Church

This event is supported by The United Church of Canada

Tickets can be purchased at the registration desk - \$40 plus tax

Across all cultures, food is an important community builder. Attendees of the Tastes and Sounds of Nova Scotia Event on Saturday will experience some of our Maritime hospitality. Guests will enjoy good home cooking, great company, and performances that offer a taste of the rich heritage of Nova Scotia's cultural mosaic. The menu features a local and seasonal autumn menu (with turkey and sustainably caught haddock, local veggies, including gluten free and vegan options), with the opportunity to enjoy some of our local wineries and breweries; cash bar will be offered.

Participants are responsible for their own transportation to St. Andrew's United Church. The Church is located at 6036 Coburg Road. We encourage you to share cabs, cabs are available at the front entrance of the hotel, approximate cab cost is \$10 one way. Metro transit buses are also available, with a bus stop located directly beside the Church. To travel by bus to the church, please board the Number 1 Spring Garden Rd bus at Scotia Square. Scotia Square is located two blocks north of the hotel, the front desk of the hotel can provide directions to Scotia Square, please depart the bus at stop #6452 at the corner of Robie St and Coburg St. This bus stop is located beside the St. Andrew's United Church.



THE CATHLEEN KNEEN AWARD

Food Secure Canada is delighted to announce Linda Geggie as the winner of the second biennial Cathleen Kneen Award.

Linda's early travels in South America convinced her that Canadians had a lot to learn about food. She has worked on grassroots food security in her community for over 20 years as a farmer, organizer, educator, and policy advisor. In 1994 she helped found LifeCycles Project Society; today she coordinates the Capital Region Food and Agriculture Initiatives Roundtable (CR-FAIR), which fills many of the roles of a food policy council. Both organizations restore and reconnect the region's citizens with food. Linda is also founding member of the BC Food Systems Network and one of its key strategists. She is pictured at a February 2014 public rally for the Agricultural Land Reserve.

About Cathleen Kneen:



Cathleen is a long-standing social justice activist and feminist who has helped found groups from day-care centres to battered women's shelters to food systems networks, including Food Secure Canada. In 1971 she and her husband Brewster started a commercial sheep farm in Nova Scotia where they spent 15 years learning the food system from the ground up and started an annual Sheep Fair, Northumberland lamb marketing co-op, and The Ram's Horn, a newsletter of food system analysis.

While in BC (1995-2006), Cathleen founded and was the first coordinator of the BC Food Systems Network; she was involved in a variety of local and regional food and agriculture initiatives including establishing two farmers markets and serving on the Board of the Certified Organic Associations of BC in several different capacities.

As chair of Food Secure Canada, Cathleen worked tirelessly to advance the principles and practice of food sovereignty, including the People's Food Policy Project which produced *Resetting the Table: A People's Food Policy for Canada*. She is the former chair of Just Food in Ottawa, and having previously helped found the Toronto Food Policy Council, now chairs the new Ottawa Food Policy Council.

Cathleen's recognitions include The Marion Dewar Defender of the Public Good Award from the Social Planning Council of Ottawa, the Lifetime Achievement Award by the Organic Council of Ontario, and Female Food Hero from Oxfam Canada.

ANNUAL GENERAL MEETING

Sunday, November 16th, 8:30-9:30am

Nova Scotia Ballroom

Last year at our AGM, we adopted new bylaws! This year, we shall put them into practice. Even if you are tired from the night before, do show up to exercise your right to participate in the democratic governance of FSC. Open only to FSC members! All organizations have one delegate who can vote and every individual member can vote. If you are not sure who your representative is, check with Julie: Julie@foodsecurecanada.org or (438) 401-1733.

Agenda

Call to order and introduction

Appointment of minute taker

Notice of meeting

Establishment of quorum

Voting procedure and explanation of consensus

Adoption of Agenda

Adoption of Minutes of AGM of November 27th, 2013

Report from the Chair: Eric Chaurette

Report from the ED: Diana Bronson

Report from the Treasurer: Tatiana Fraser

 Treasurer's report

 Adoption of Financial Statements for Fiscal Year (FY) Sept 1 2012 to Aug 31 2013

 Review of budget for FY Sept 1, 2014 to Aug 31, 2015

 Appointment of auditor for FY Sept 1 2014 to Aug 31 2015

Election of New Board of Directors (Nominations Committee)

All background documents are on our Website

Proposed new slate for Board of Directors:

 Aart Schuurman Hess (BC)

 David Askew (BC)

 Elizabeth Abergel (QC)

 Eric Chaurette (QC)

 Kathleen Gibson (BC)

 Lucia Stephen (NS)

 Mandy Melnyk (AB)

 Raquel Koenig (MB)

 Sarah Archibald (ON)

 Tatiana Fraser (QC)

 Utcha Sawyers (ON)

Adjournment

VOLUNTEERS

A special thank you to the following volunteers who generously donated their expertise, passion and time towards the success of this Assembly.

Program Committee

Roxana Atkinson
Sarah Ferber
Cathleen Kneen
Marla MacLeod
Heather Monahan
Jordan Nikoloyuk
Av Singh
Lucia Stephen

Communications Committee

Katherine Cvitkovitch
Marla MacLeod
Christina Palassio
Brynne Sinclair-Waters

Local Committee aka Sprouts and Frys

Dave Adler
Keltie Butler
Justin Cantafio
Katie Cvitkovitch
Nadia Pabani
Kelvin Pang
Satya Ramen
Av Singh
Lucia Stephen
Sheila Stevenson

2013-14 Board members

Aart Schuurman Hess (BC)
David Askew (BC)
Eric Chaurette (QC)
Jordan Nikoloyuk (NS)
Kathleen Gibson (BC)
Lauren Baker (ON)
Mandy Melnyk (AB)
Norma Kassi (YK)
Sarah Archibald (ON)
Tatiana Fraser (QC)
Utcha Sawyers (ON)

Community Ambassadors

Sarah Archibald
Annick Arseneau
Adrian Arts
Roxana Atkinson
Aiswarya Baskaran
Meredith Bell
Meredith Bessey
Nadia Boukina
Joan Brady
Keltie Butler
Barton Cutten
Minakshi Dhir
Maggie Edwards
Liz Fitting
Kathryn Graves
Genevieve Guyn
Brianna Hagell
Shirley Hardin
Tanessa Holt
Alia Karim
Hillary Lindsay
Samantha Luc
Linda Lusby
Jeana MacLeod
Lindsay Miles-Pickup
Shelley Moran
Caillie Mutterback
Serena Petrella
Fawn Pettifer
Colleen Prentice
Laura Pugsley
Drew Silverthorn
Brynne Sinclair-Waters

And a huge thank you to the volunteers who worked on site at the Assembly.

FEED THE BRAIN SUPPORTERS

We need to nourish our bodies and feed our minds during the Assembly event. We would like to offer our sincere thanks to the individuals below who made a donation to our bursary funds, which enabled smaller organizations and individuals to attend.

Laura Betty
Ann Colleen Cameron
Nicole Fornelli
Moe Garahan
Kathleen Gibson
Ingrid Jarrett
Jodi Koberinski
Mustafa Koc
Dan Kutcher
Sarah J Martin

Kimberly Orren
Serena Petrella
Ekk Pfenning
Jennifer Pfenning
Susan Roberts
Clare Wagner
Alan Warner
David Welch
Ann Wheatley
Carolyn Young

PREFERRED SUPPLIERS

Crofter's Organics
Farmer John's Herbs
Fromagerie L'Ancetre
Just Us! Coffee*
Kiju Organic Juices
La Siembra Cooperative
Liquid Gold

Local Source Market
Natura Soy/Almond Milk
Nature's Path
Noggins Farm
Taste of Nature Foods
Van Meekeren Farms Ltd



FSC

Food Secure Canada
Healthy - Just - Sustainable

Join us!

www.foodsecurecanada.org



We serve our members by **uniting our efforts and voice** to strengthen the food movement.



We conduct **federal advocacy** with and on behalf of our members.



We provide an **information hub** for food actors, politicians, and the media.



THANK YOU TO OUR GENEROUS PARTNERS AND SPONSORS.

OUR PARTNERS



Nova Scotia Food Security Network



OUR SPONSORS ADVOCATES FOR CHANGE



THE J.W. McCONNELL FAMILY FOUNDATION

LA FONDATION DE LA FAMILLE J.W. McCONNELL

FOOD MOVEMENT LEADERS



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